

2022 U.S. Wellness Activities

You can learn more about your health, plus gain a \$500 wellness credit through our annual voluntary wellness activities.



Teammates on a Bank of America medical plan can receive the wellness credit towards their medical premiums by completing the wellness activities by their respective deadlines.

Visit [My Wellness](#) to learn more.

Refer to the October email or letter to home for details about wellness activities for covered spouses and partners.

We're here to help

If you have questions about your wellness activities, contact My Wellness Member Services Center for Bank of America at **833.525.5788**. Representatives are available Monday through Friday, from 8 a.m. to 9 p.m. Eastern (excluding certain holidays).