

Benefits enhancements to support your physical, emotional and financial wellness

Your health and wellbeing, and that of your family, are our top priority. That's why we continue to expand our physical, emotional and financial wellness benefits to ensure you have the support and resources you need.

Teladoc®

Teladoc consults will continue to be available at no cost in 2022 to most teammates and covered family members enrolled in a U.S. bank medical plan with Aetna, Anthem or UnitedHealthcare. Due to the expiration of the CARES Act, there will be a cost for Consumer Directed High Deductible Plan participants until they meet their annual deductible.

If you're enrolled in a U.S. bank medical plan with Aetna, Anthem or UnitedHealthcare, you and covered family members have 24/7 access to board-certified doctors by phone or online video for virtual care. (Kaiser Permanente members have access to a similar program — contact Kaiser for details about the program and any associated costs.) To use Teladoc, you'll need to register, if you haven't already.

Consults with mental health providers are also available at no cost through Teladoc: A board-certified psychiatrist, licensed psychologist or therapist is available for a wide variety of issues, such as anxiety, stress, depression, grief, family/marriage issues, eating disorders and more. You can also schedule ongoing treatment from the same (or a different) doctor if you choose.

Note: While Teladoc's general medical consultations are available on demand, 24/7, appointments for mental health consultations must be scheduled in advance online.

Learn more about Teladoc

- Visit teladoc.com/bankofamerica
- Download the Teladoc app
- Call **855.Teladoc (855.835.2362)**
- Visit the Teladoc page on HR Connect

No-cost coronavirus testing: For U.S. team members enrolled in a bank medical plan with Aetna, Anthem, UnitedHealthcare or Kaiser, coronavirus testing is covered at 100% — at zero cost to you — with no deductible or coinsurance. This waiver also includes any costs associated with office visits, urgent care center or emergency room visits, but not the treatment of a medical condition. If you feel sick, contact your health care provider to determine next steps.

Support for growing families: The Family Support Program offered through Maven (getfamilysupport.com) offers expert pregnancy, adoption, fertility, infancy, egg freezing, surrogacy and postpartum support, all from the comfort of home and at no cost for new or future moms and dads enrolled in a bank medical plan with Aetna, Anthem or UnitedHealthcare. (Kaiser Permanente members have access to similar resources through Kaiser.) The pregnancy and adoption/surrogacy programs are available for a full year after you welcome your baby — that's great support, all the way to your baby's first birthday.

Financial Wellness Tracker: Whether you feel confident in your financial wellness or aren't sure where you stand, completing a brief assessment in the Financial Wellness Tracker can help you take action where needed. Available through Benefits Online, the Financial Wellness Tracker provides you with a financial wellness score and a personalized plan with suggested action items you can complete to support your financial health.

Focus on your emotional wellness: Whether you want to boost your mood, build your resiliency or find activities to

support you during life's challenges, myStrength can help. myStrength, a free online and mobile mindfulness app, offers personalized activities to support your emotional wellness. Register by visiting myStrength.com. Once registered, you'll be able to download the app (recommended). Also visit [prioritizing your emotional wellness](#) for more resources.

Get the most out of your employee benefits: Call the Benefits Education & Planning Center at **866.777.8187** to speak to licensed independent financial counselors who specialize in our benefits programs and employee discounts to help you get the most out of your benefits. Counselors also offer personalized guidance and education to help you reach your financial goals. Call today to schedule a confidential session at no cost.

Other benefits and resources available to you: Bank of America offers a vast number of other benefits and resources to support you and your family, including no-cost flu vaccines for you and your family members. If you're enrolled in one of our national medical plans, you can get your annual flu shot at your physician's office, a local pharmacy or a walk-in clinic like CVS or Walgreens. If you aren't enrolled in one of our national medical plans, we're offering a no-cost flu vaccine vouchers. Visit HR Connect to access the vouchers.

Visit HR Connect for more information about available benefits.

This communication provides information about certain Bank of America benefits. Receipt of this document does not automatically entitle you to benefits offered by Bank of America.

Every effort has been made to ensure the accuracy of this communication. However, if there are discrepancies between this communication and the official plan documents and policies, the plan documents and policies will always govern. Bank of America retains the discretion to interpret the terms or language used in any of its communications according to the provisions contained in the plan documents and policies. Bank of America also reserves the right to amend or terminate any benefit plan or policy in its sole discretion at any time for any reason.

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